



Eco-Safe Driving

Ten top tips for safer, greener, stress-free driving

- 1** Check your revs – for petrol fuelled cars change up before 2,000rpm (2,500 if climbing a hill). Diesel cars need slightly higher revs.
- 2** Anticipate road conditions and drive smoothly, avoiding sharp acceleration and heavy braking. This saves fuel and reduces accident rates.
- 3** Use air conditioning sparingly as it significantly increases fuel consumption.
- 4** Drive away immediately when starting from cold - idling to heat the engine wastes fuel and causes rapid engine wear.
- 5** Remove roof rack when not in use – they increase drag significantly.
- 6** Avoid short journeys - a cold engine uses almost twice as much fuel and catalytic converters can take five miles to become effective.
- 7** Stick to speed limits and make your fuel go further – driving at 85mph rather than 70mph uses 25% more fuel.
- 8** Plan your journeys - to avoid congestion, roadworks and getting lost.
- 9** Check your tyre pressure regularly – under inflated tyres are dangerous and can increase fuel consumption by up to 3%.
- 10** If you're stuck in a jam, switch off – cutting the engine will save fuel and stop emissions.